

Prevention Coalition of Huron County Newsletter

January 2026

Coalition Updates

Huron County Public Health (HCPH) received the Youth Suicide Prevention Grant from the Ohio Department of Health in September 2024. Since first being awarded grant funding, 718 gun safes and 523 gun locks have been distributed to support our Tier 1 goal: Reducing Access to Lethal Means. To support HCPH's efforts toward youth suicide prevention, the Prevention Coalition of Huron County has created a Suicide Prevention Resource pamphlet. These pamphlets are available at local counseling agencies, some Huron County schools, some local law enforcement agencies, and at HCPH's vitals window and Health Center. In support of suicide prevention, Mobile Response and Stabilization Services (MRSS) is available to do in-home youth suicide assessments. Call MRSS at 567-274-8816. The Ohio Department of Health has the Ohio Recovery Friendly Workplace Program. This program helps employers:

- Assist employees with mental health or substance use disorders to seek recovery.
- Expand and retain their workforce.
- Highlight their status as a recovery-friendly business.
- Remove barriers and stigma for individuals with mental health and substance use disorders.
- Maintain connections with workers.

For questions regarding this program, email: Carol.Baden@ohd.ohio.gov

For more information on this program, visit: <https://dbh.ohio.gov/know-our-programs-and-services/ohio-recovery-friendly-workplace/>

January is National Mentoring Month



For National Mentoring Month, the Prevention Coalition of Huron County would like to spotlight Huron County Reach Our Youth. Reach Our Youth is a one-to-one mentoring program that matches caring volunteer mentors with kids in Huron County who are looking for an adult role model and an extra friend in life. Our volunteers are asked to see their mentee 2-4 times per month, for a commitment of at least 6 months. Right now, we have a great need for new mentors, with 85 kids on the waiting list throughout Huron County. Our kiddos range in age from 6-17 years old and have a variety of interests and needs. If you or someone you know has the time and energy to make a difference in a child's life, please get in touch with our office! **You can check out our website at www.reachouryouth.org.** You'll find a couple of bios of the kids that are waiting, as well as our volunteer application. **If you have questions, don't hesitate to reach out to roy@huroncounty-oh.gov.**



SCHOOL SPOTLIGHT

For the month of January, we are spotlighting Willard City Schools for their role in prevention. Willard City Schools implemented the Signs of Suicide program at the beginning of the 2025-2026 school year. Signs of Suicide (SOS) is an evidence-based youth suicide prevention program that teaches middle and high school students how to identify warning signs of suicide and depression.

For more information regarding SOS: <https://mindwise.org/sos-signs-of-suicide/>



CALM TRAINING

Counseling on Access to Lethal Means (CALM) is a powerful addition to existing strategies to reduce the risk of suicide death in at-risk people while respecting their rights and autonomy. Help keep your at-risk clients safe by learning how to collaborate with them to implement safe storage of firearms and dangerous medications. This training is great for mental health clinicians, primary care providers, substance abuse counselors, and hotline responders for crisis intervention services. **Contact Huron County Public Health Prevention Coordinator, Paige Snyder at psnyder@huroncohealth.com, if your agency is interesting in hosting a CALM training.**



HURON COUNTY FAMILY & CHILDREN FIRST COUNCIL

Strengthening Families Program:

Hosted By: Huron County Family & Children First Council

This 14-week evidence-based family skills training program helps improve parenting skills, reduce behaviors, and strengthen relationships between parents and children through increased communication and family bonding. The program is held one day per week from 6:00-8:00 PM and includes dinner, breakout sessions, and family-based activities.

Our next session is scheduled for Tuesday, February 3rd -May 6th, 2026. The class will be held on Tuesday evenings at Huron County Enrichment Centers in Norwalk, Ohio. The program will be geared towards families with teens ages 12-16 years, and parents and teens will both be expected to attend. Complete the survey below to register for the class. In order to successfully complete the class, families need to attend at least 10 of the 14 weeks. Maximum families per session: 12. [REGISTER TODAY!](#) [Click Here](#)

Fear-less Triple P (for parents of children 6-14 years with moderate to severe anxiety):

Hosted By: Huron County Family & Children First Council

Help your child break free from anxiety! FEARLESS TRIPLE P is an intervention workshop suited for parents or caregivers of children aged 6 to 14 years who have moderate to high levels of anxiety that negatively impact their everyday functioning. Parents will learn how impactful their influence is on their child and will be equipped with different tools to help their child regulate their anxiety. Complete the survey below to be added to a waitlist. We will contact you when we have a minimum of 4 to hold the class. Maximum participants per class: 10. [REGISTER TODAY!](#) [Click Here](#)

A.R.I.S.E. Youth Prevention Coalition (Huron County):

Huron County Prevention Coalition and the Family & Children First Council are looking for youth in 7th-12th grade who are interested in being a part of Huron County's first youth-led prevention coalition- A.R.I.S.E. (Advocate, Reach, Impact, Support, Empower). If you have a passion to help your peers feel valued, empowered, and accepted, this is the group for you. Complete the survey if you are interested, and we will add you to our communication list. [Click Here](#)



Strengthening Families
Program



Fear-Less Triple P
Workshop



A.R.I.S.E

LOVE GROWS LOVE ANIMAL ASSISTED LEARNING

Love Grows Love has 2 upcoming programs for youth.

Herd Qualities - Middle School Program

Herd Qualities is a six-week experiential learning program for middle school students held Tuesdays from 3:30-5:30 PM at Love Grows Love Animal Assisted Learning Farm. Snacks are provided.

Participants partner with horses to learn about themselves while building essential values and life skills that support healthy decision-making and prevention. Through guided, hands-on activities, students explore relationships, respect, responsibility, boundaries, empathy, choices, and outcomes—protective skills that help youth navigate peer pressure, emotions, and everyday challenges.

Scholarships are currently available for private individuals.

To register or for more information, contact Melissa at 419-750-1462.

Leadership Toolbox - Ages 14+

Leadership Toolbox is a six-week experiential leadership program for students ages 14 and up, held Tuesdays from 6:30-8:30 PM at Love Grows Love Animal Assisted Learning Farm.

Participants complete a strengths-based assessment and learn how their unique strengths help them become effective leaders while partnering with horses and engaging in hands-on activities. While having fun and learning, participants build confidence, communication, accountability, and healthy decision-making—protective skills that support prevention by helping youth and young adults navigate peer influence, manage emotions, and make positive choices.

Scholarships are currently available for private individuals.

To register or for more information, contact Melissa at 419-750-1462

For more information on Love Grows Love, [click here](#).



UPCOMING EVENTS

- **Coalition Meeting:** February 3, 2026, @10am at Huron County Public Health
- **Youth Summit:** March 3, 2026, at Grace Community Church in Fremont, OH
- **Coalition Meeting:** March 10, 2026, @10am at Huron County Public Health
- **Operation Street Smart:** April 14, 2026
10am-1pm
 - Register here:
<https://www.eventbrite.com/e/street-smart-ohio-tickets-1962341639669?aff=oddtdtcreator>

CONTACT US

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