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# PREVENTION COALITION OF HURON COUNTY NEWSLETTER

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September 2026

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NATIONAL  
**SUICIDE**  
PREVENTION  
MONTH

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**September is National Suicide Prevention Month.** If you, or someone you know, are experiencing a mental health crisis: call, text, or chat with **988**. Available 24/7.

# Find Your Anchor

Find Your Anchor (FYA) is a grassroots movement aimed at suicide prevention, awareness, and education. The Prevention Coalition of Huron County assembled 500 FYA boxes in August. These boxes were distributed to local schools and mental health agencies. The boxes are also available to the public via the Huron County libraries.





# Overdose Awareness Day 2026

In partnership with Let's Get Real (LGR), the Prevention Coalition of Huron County hosted an Overdose Awareness Day event on National Overdose Awareness Day, August 31, 2026. Agencies in attendance at this event to provide resources were: Huron County Public Health, Let's Get Real, Clear Minds Counseling and Coaching, Boys and Girls Club, Firelands Counseling and Recovery Services, MedMark, Silence the Stigma, and Norwalk Police Department. At this event, we supported the fighters, admired the survivors, and honored the taken.





# Overdose Awareness Day 2026 continued



# ***Upcoming Events***

- **September 1, 2026:** Prevention Coalition Meeting @ Huron County Public Health at 10am
- **October 6, 2026:** Prevention Coalition Meeting @ Huron County Public Health at 10am
- **October 11, 2026:** Josh Hess 5K @ New London Recreation Park at 1pm
- **October 23–31:** Red Ribbon Week

# ***Contact Us***

**Contact HCPH Prevention Coordinator,  
Paige Snyder, with any questions.**



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