

PREVENTION COALITION OF HURON COUNTY NEWSLETTER

February 2026

Coalition Updates

The Prevention Coalition of Huron County has been diligently working to utilize prevention funding to the fullest extent in Huron County. We have been collaborating, both internally and externally, to brainstorm new prevention ideas, events, and activities to benefit the residents of Huron County. In the upcoming months, the Prevention Coalition will be planning prevention outreach through media campaigns, events, and trainings.

With prom and graduation season quickly approaching, the Prevention Coalition has started the process of working with the schools to promote substance use prevention during these exciting and pivotal times for our youth.

To address Reducing Access to Lethal Means for the Youth Suicide Prevention Grant, the coalition has recognized the decrease in need for gun safes and has shifted to distribution of locking medication bags. These new items will be distributed to our current partners to be distributed to their clients as needed.

The Prevention Coalition of Huron County continues to meet monthly, and we are always looking to add new members. Anyone can join the coalition – our members are from local, state, and federal agencies, as well as the general public. If you are interested in joining the Prevention Coalition of Huron County, contact Huron County Public Health Prevention Coordinator, Paige Snyder at psnyder@huroncohealth.com.

Huron County Family & Children First Council

Strengthening Families Program

This 14-week evidence-based family skills training program helps improve parenting skills, reduce behaviors, strengthen relationships between parent & children through increased communication and family bonding activities, and enhance school performance. The program is held one day per week 6:00PM-8:00PM and includes dinner, breakout sessions, and family time. Contact Tracie Sebolt at (419) 668-8126 ext. 3347 or Tracie.Sebolt@jfs.ohio.gov to register for the next program beginning February 10, 2026.

A.R.I.S.E

A.R.I.S.E. is for 7th-12th grade students that reside in Huron County.

ADVOCATE FOR, REACH, IMPACT, SUPPORT, AND EMPOWER
your peers through Huron County's first Youth Prevention Coalition. We meet monthly to discuss YOUR vision for the coalition and to create county-wide campaigns, programs, and events advocating for positive change through substance use, suicide, depression and anxiety prevention efforts. Scan below to sign up!



School SPOTLIGHT

For the month of February, we are spotlighting Norwalk City Schools for their role in prevention.

Norwalk Middle School Health Teacher Jordy Horowitz implemented *Signs of Suicide* in his classes last semester. *Signs of Suicide (SOS)* is an evidence-based youth suicide prevention program that teaches middle and high school students how to identify warning signs of suicide and depression.

In addition to SOS, Mr. Horowitz also provided *Question, Persuade, Refer (QPR)* training. The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training.

[Click here for more information regarding SOS.](#)

[Click here for more information regarding QPR.](#)



February's Awareness Themes

Teen Dating Violence Awareness Month

Teen dating violence, also known as intimate partner violence or intimate relationship violence, is a serious problem in the U.S., affecting approximately 10% of all teenagers between the ages of 12 and 18. It includes stalking, harassment, and physical or sexual abuse. According to the Centers for Disease Control and Prevention, teen DV has both serious short-term and long-term consequences. While healthy relationships tend to have a positive effect on emotional development and future relationships, abusive relationships often do the opposite. Dating violence victims are likely to experience suicidal thoughts, antisocial behaviors, depression, and anxiety, and engage in unhealthy behaviors such as alcohol and drug use. Unfortunately, many cases go unreported because victims are afraid to tell their family and friends. If you are experiencing dating abuse, then please get help immediately. [Click here to learn more about Teen Dating Violence.](#)

National Eating Disorders Awareness Week

Monday, February 23 – Sunday, March 1, 2026.

Eating disorders affect 30 million Americans in their lifetime. They impact **EVERYBODY**, across all backgrounds and communities, yet it often takes years for people to recognize and seek help. Eating disorders have devastating mental and physical consequences but are too often overlooked due to a lack of understanding, myths about who can experience them, and a lack of accessible, quality, culturally responsive resources. [Click here to learn more about eating disorder awareness.](#)

SAVE THE DATE

- **Youth Summit:** March 3, 2026, at Grace Community Church in Fremont, OH
- **Coalition Meeting:** March 10, 2026, @10am at Huron County Public Health
- **Operation Street Smart:** April 14, 2026, 10am-1pm at Norwalk High School Fisher-Titus Learning Center
 - [Click here to register](#)
- **Coalition Meeting:** May 5, 2026, @10am at Huron County Public Health

Contact Us

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