You've had a Positive At-Home COVID-19 Test. Now What?

If you test positive for COVID-19 on an at-home COVID-19 test, call Huron County Public Health (HCPH) to report your positive result at 567-244-3222. Stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first five days.

Everyone with a positive COVID-19 test, **_regardless of vaccination status_**, should meet the following criteria to discontinue home isolation:

You can end isolation after 5 full days if you are fever-free for 24 hours without the use of fever-reducing medication and your symptoms are improving or if you had no symptoms. If you had moderate illness (shortness of breath or difficulty breathing) or severe illness (hospitalization) due to COVID-19, you need to isolate through day 10.

After you've ended isolation and are feeling better, wear a mask through day 10 when around others. If you have access to antigen tests, you should consider using them. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.

Contact your employer or school to notify them of the positive result. Do not go to work or school until you meet the criteria listed above. If a letter for isolation is required for work or school, self-attestation forms are available on HCPH's website at *https://huroncohealth.com/coronavirus2019.*

Contact your healthcare provider and seek care if needed.

If you need additional COVID-19 rapid test kits, please visit: *https://www.huroncohealth.com/coronavirus2019* for locations throughout Ohio that offer at-home COVID-19 test kits.

Inform those who you have been in contact with from the 2 days prior to symptom onset to now. A close contact is someone you have been with for a cumulative total of 15 minutes or more over a 24-hour period of time within 6ft of each other. Close contacts should refer to CDC Guidance at *https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html* for further direction.

Huron County
Public Health

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Visual Adapted and modified from Sandusky County Public Health

SOME COVID-19 AT HOME TEST KIT EXPIRATION DATES HAVE BEEN EXTENDED
Visit *bit.ly/covidtestextension* to check your kits' expiration dates before using or disposing of test kits