## **Huron County**



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## FOR IMMEDIATE RELEASE

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Stay on Defense for Super Bowl LVII: Food Safety and Sober Driving

NORWALK, Ohio— As Super Bowl LVII kicks off this Sunday, February 12<sup>th</sup> in Glendale, Arizona, many Americans are preparing to follow tradition of hosting or attending watch parties. In light of the big game, Huron County Public Health (HCPH) wants to encourage the community to practice proper food safety preparation and handling to prevent foodborne illness, and remind residents of the importance of having a designated driver if you plan on consuming alcohol.

Whether preparing food at home or ordering takeout, following the US Department of Agriculture (USDA)'s Four Steps to Food Safety can aid in preventing foodborne illness:

- 1. Wash hands and surfaces often when preparing party food;
- 2. Use separate plates for raw and cooked food when grilling;
- 3. Cook food to the right temperature; and
- 4. Don't leave food at room temperature for longer than two hours.

If alcohol consumption is a part of your Super Bowl plans, make the safe and responsible choice to plan for a sober ride home in advance. Fans don't let fans drive drunk!

Happy Super Bowl LVII, Huron County!

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Timothy Hollinger, MPH

Health Commissioner

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FOUR STEPS

FOOD SAFETY

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